



# ADULT

## SAMPLE MENU

### BREAKFAST

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Fresh Fruit and Yogurt Bar  
Oatmeal  
Freshly Made Scones  
Plain Scrambled Eggs  
Scrambled Eggs with Spinach and Cheese  
Homemade Pancakes  
Home Fries  
Sausage Links

### LUNCH

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Salad Bar  
Blackened Talapia & Grilled Chicken Sandwiches  
Broccoli & Bacon Salad  
Truffle Fries  
Deli Bar  
Chicken Rice Soup  
Fresh Fruit  
Chocolate Chip & Sugar Cookies

### DINNER

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Salad Bar  
Sautéed Chicken Thighs with  
Peppercorn Cream Sauce  
Mock Short Ribs with White BBQ Sauce  
Sautéed Garlic Green Beans  
Roasted Squash  
Dinner Rolls  
Flourless Chocolate Cake